

Calendar of Event for SAGECC Public Educational Programme

Reminiscence Programme for SACs

Date	Programme	Remarks
12 Dec 2017	Balestier Food Trail	Fully Booked
14 Dec 2017	Balestier Food Trail	Fully Booked
9 Jan 2018	Malay Heritage Centre Tour	Fully Booked
6 Feb 2018	Chinatown Food Trail	Fully Booked
7 Feb 2018	Chinatown Food Trail	Fully Booked
8 Feb 2018	Chinatown Food Trail	Fully Booked
13 Mar 2018	Geylang Serai Food Trail	Fully Booked
10 April 2018	Sun Yat Sen Nanyang Memorial Hall Tour	Fully Booked
8 May 2018	Tanjong Katong Food Trail	Fully Booked
12 Jun 2018	Healthy Living @ East Coast Park	Vacant
10 Jul 2018	Peranakan Museum Heritage Tour	Vacant
14 Aug 2018	Healthy Living @ Botanical Garden	Vacant
11 Sep 2018	Little Indian Food Trail	Vacant
13 Nov 2018	Healthy Living @ Hort Park	Vacant
11 Dec 2018	Rediscovering Kampong Glam Heritage Tour	Vacant

Public Education Programme

Date	Programme	Remarks
16 Jan 2018	Understanding Ageing: A Call for Action	ProAge
20 Mar 2018	Caregiver Self-care Workshop "Say NO! to Burnout"	Empower Ageing
31 Mar 2018	Aromatherapy Workshop 1	TBC
15 May 2018	Terrariums Workshop 1	TBC
19 Jun 2018	Understanding Ageing: From Traditional Chinese Medicine Perspective	TBC
21 Aug 2018	Nutrition for Healthy Ageing Talk	TBC
16 Oct 2018	Therapeutic Art Workshop	TBC
20 Nov 2018	Terrariums Workshop 2	TBC
18 Dec 2018	Aromatherapy Workshop 2	TBC

For enquiries please contact: PEP@SAGECC.ORG.SG or 63541191