

# PUBLIC EDUCATION PROGRAMME 公共教育节目

A series of talks and workshops benefiting seniors, caregivers and their family members in bringing about positive change and ageing gracefully. Through these activities they will be empowered and promote wellness to their peers and social circle. All are welcome, sign up now!

这一系列的讲座和工作坊旨在让乐龄人士，看护者以及他们的亲友认识如何以正面的态度，让晚年生活更丰富多彩。通过这些活动也能提高乐龄人士的健康意识，促进身心健康。欢迎大家踊跃参加!

## INTRODUCTION TO GUIDE DOGS SINGAPORE LTD – (Bilingual PE Talk) 新加坡导盲犬协会介绍 – 中英文讲座

### Topics:

- What is vision impairment, the different types of impairment and how to detect
- How to offer assistance to someone with vision impairment (Sighted Guiding Technique)
- Role playing, using sighted guiding.
- Dos and Don'ts when you meet someone with vision impairment

### 主题:

- 什么是视力障碍，各类的介绍及如何测试
- 如何辅助视力障碍者
- 尝试角色扮演
- 接触视力障碍者基本常识



Guide Dogs Singapore Ltd (GDS) is a charity that provides lifelong rehabilitation training to people with visual impairment. This is to empower an independent and quality life again, beyond their vision conditions.

新加坡导盲犬协会是一个慈善机构，为视力障碍者提供终身复建培训。协会希望通过这些培训活动能提升技能并促进他们的生活素质及自立水平。



### WHEN

15 Feb 2018 二月十五日  
Friday 星期五  
2pm – 4pm  
下午两点到四点

### WHERE

SAGE Counselling Centre  
1 Jurong West Central 2  
#06-04 Jurong Point  
S648886  
乐龄辅导中心  
裕廊坊 六楼门牌四号

**Limited Places Available!**  
**REGISTER NOW!**  
At

[PEP@SAGECC.ORG.SG](mailto:PEP@SAGECC.ORG.SG)

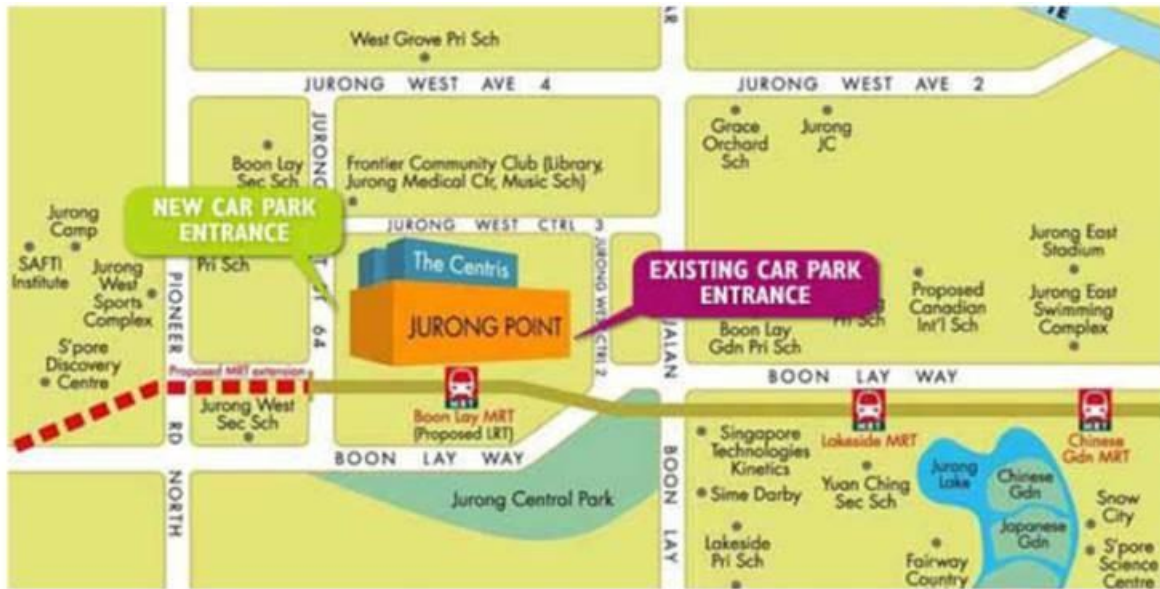
Call [63541191](tel:63541191)

**Interested to find out  
more about SAGE  
Counselling Centre  
and join us as our  
volunteers?**

[WWW.SAGECC.ORG.SG](http://WWW.SAGECC.ORG.SG)

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**CAR PARK**

NO. OF PARKING LOTS: Approximately 1,500 lots

CARPARK ENTRANCES: Jurong West Central 2 and Jurong West St 64

NEW CARPARK ENTRANCE: Jurong West St 64

