

# Art & Expressive Therapy for Seniors 乐龄艺术治疗

(Individual or group session 个人或小组)

- 50 years and above
- Caregiver for seniors (no age limit)
- Family member with concerns in relation to caring for seniors
- 50岁及以上
- 看顾者或家庭成员无年龄限制
- 面对与老年人有关的问题

Seniors facing any of the following issues 面对的问题包括:

- Personal distress
- Emotional problems
- Behavioural problems
- Relationship conflicts
- Marital problems
- Health concerns
- Loss and Grief
- 个人困扰
- 情感问题
- 行为问题
- 关系冲突
- 婚姻问题
- 健康关注
- 失与悲伤



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